



PORTUGUESE ASSOCIATION OF PSYCHOGERONTOLOGY

ACTIVE AGING AWARD



With the aim of promoting a positive and participative image, informing about the real contribution that older people make to Portuguese society and, not least, giving them an active voice and visibility as examples, the Associação Portuguesa de Psychogerontology, with the collaboration and support of the Montepio Foundation and Santa Casa da Misericórdia de Lisboa, instituted, on October 1, 2012, the International Day of Elderly People, the **Active Aging Award Dr. Maria Raquel Ribeiro**.

This Award symbolizes the fight for the dignification of ACTIVE AGING (concept of the World Health Organization), longevity and everything that is positive and valuable in them closes, with the double purpose of honoring Mrs. Maria Raquel Ribeiro, figure of Social Security in Portugal, a forerunner of many of the intervention strategies now consolidated and which introduced the theme of Aging in Portugal, as well as praising life examples of long-lived people who continue to be active and participatory, influencing constructive way to Portuguese society.

It is an annual award, pioneer and unique in Portugal, dedicated to Active Elderly People and aims to honoring long-lived citizens who remain active and intervening and, thus, contribute to counteract negative age-related stereotypes. Natural persons are selected, with 80 years or more, who reside in Portugal or who are of Portuguese nationality, who maintain relevant activity and participation in Portuguese society in the categories of: 1) Social Intervention; 2) Art and Show; 3) Science and Research; 4) Politics and Citizenship; 5) Ethics and Health and 6) Family and Community.

Since people aged 80 or over are a fringe of the population so often forgotten and devalued, this homage has a human dimension and a call to attention even more significant.



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The small piece that materializes the Active Aging Award represents the sunrise, hope, respect for the human person, the need for life projects, the creativity and curiosity of the human being and the call for participatory activity and joy throughout life, symbolized by the fact that, in order to know everything that is written on the artistic piece, it is necessary to make movement, rotating it and trying to discover its content.

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President

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