



# Healthy work environments, active health and diseases prevention at workplace

*Gulbenkian Foundation auditorium 3, Lisbon, Portugal*

*08-09 June 2017*

## PROGRAMME

### Day 1 - 8 June 2017

*08:30 – 09:00 Registration*

- 09:00 – 09:30 Opening Session : Healthy work environments, active health and disease prevention at workplace – policy context**
- Chair: Graça Freitas, Directorate General of Health (DGS)(tbc)
  - Andreia Jorge Silva, Directorate General of Health
  - Artur Furtado, Directorate General for Health and Food Safety (DG SANTE)
  - Cinthia Menel Lemos, Conference objectives and methodology, (Chafea)

- 09:30 – 11:30 Plenary 1: Healthy Workplaces in the framework of Health in all policies – key note speakers**
- Chair: Andreia Jorge Silva, Directorate General of Health

09:30-10:00: Investing in Health as a precondition for growth and social cohesion –Artur Furtado Health determinants and inequality, DG SANTE

10:00-10:30: Occupational Health promoting environments – Katalin Sas, Occupational health Agency, OSHA

10:30-11:00: Health promotion at workplace- Portugal good practice example, Miguel Telo de Arriaga, DGS

- 11:00-11:15 Questions and answers,**  
Richard Wynne from Work Research Centre (IE) as discussant

- 11:15 – 12:45 Session one: Health promotion at the work place, ageing and retention to work**  
Chair: Matilde LEONARDI, Coordinator of the Participation to Healthy Workplaces and inclusive strategies in the work sector (PATHWAYS Project)

11:15 – 11:30 Participation to Healthy Workplaces and inclusive strategies in the work sector, Matilde LEONARDI from the (PATHWAYS Project) Scientific

	<p>Director Fondazione IRCCS, Istituto Neurologico Carlo Besta, Milan, Italy</p> <p>11:30-11:45: Promoting Healthy Work for Employees with Chronic Illness - Public Health and Work (PHWork project) , Richard Wynne, from Work Research Centre (IE) Galway</p> <p>11:45-12:00: Public perspective within a workplace setting in Poland, Mr Dariusz Poznański, Deputy Director of the Department of Public Health, Ministry of Health, Poland</p>
12:20-12:30	<p>Panel discussion: Richard Wynne from Work Research Centre (IE) as discussant</p>
12:30– 14:30	Lunch break
<b>14:30– 15:00</b>	<p><b>Session two: Improving capacities for health promotion of the ageing workforces</b> Chair: Piotr Sakowski , Coordinator of Capacity8 Project, Health Policy Department, Nofer Institute of Occupational Medicine, Lodz, Poland</p>
	<p>14:30- 14:45 Measuring the long-term economic impact of different public health policies across the EU (EConDA project), Abbygail Jaccard, Deputy Director of Public Health Modelling, UK Health Forum, London, United Kingdom</p> <p>14:45– 15:00 Strengthening occupational health professionals' capacities to improve the health of the ageing workforces (CAPACIT8 project), Piotr Sakowski , from, Health Policy Department, Nofer Institute of Occupational Medicine, Lodz, Poland</p>
15:00– 15:30	<p>Panel and discussion Richard Wynne from Work Research Centre (IE) as discussant</p>
15:30-16:00	Coffee break
15:45-16:15	<p><b>Session 3: Healthy environments: Disease prevention and throughout the lifetime</b> Chair: M<sup>a</sup> Dolores Solé Gómez, Jefa de la Unidad de Medicina del Trabajo, Centro Nacional de Condiciones de Trabajo (INSHT), Spain</p>
	<p>15:45-16:00 Mental Health and Wellbeing Joint Action (MH-WB), Dr. Gregor Breucker, Division Manager, Department of Health Promotion, BKK Federal Association, Berlin, Germany</p> <p>16:00 - 16:15 Mental Health Promotion Handbooks (MHPHands, Richard Wynne from Work Research Centre, Galway</p>
16:15 - 16:45	<p>Panel and discussion Richard Wynne from Work Research Centre (IE) as discussant</p>

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17:00 End of the day

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19:30 Dinner at the hotel

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## Day 2 – 9 June 2017

09:00 - 10:30 **Session 4: Exchange of evidence-based and good practices for addressing risk factors: alcohol related harm**  
**Chair:** Dr. Manuel Cardoso as Executive Coordinator of the Joint action on reducing alcohol related harm (RARHA), General-Directorate for Intervention on Addictive Behaviours and Dependencies, Portugal

09:00 -09:15 Exchange of evidence-based and good practices for addressing risk factors: alcohol related harm, Patricia Pissarra, Project Leader from Joint action on reducing alcohol related harm (RARHA), Prevention and Community Intervention, General-Directorate for Intervention on Addictive Behaviours and Dependencies, Portugal

09:15 -09:30 Low risk drinking guidelines and early identification and brief interventions for alcohol use disorders in Europe: the consensus of the Joint Action RARHA; Claudia Gandin from Joint action on reducing alcohol related harm (RARHA), Istituto Superiori di Sanita (ISS), Italy

09:30 - 09:45 Changing attitudes in occupational health professionals with training in alcohol screening and brief interventions as a strategy for addressing alcohol-related problems in the workplace (BISTAIRS ), Jorge Barroso Dias, President of the Portuguese Society of Occupational Health (SPMT), Senior Occupational Safety and Hygiene Consultor, Portugal

09:45-10:00 European Workplace and Alcohol Project - analysis of best practices and pilot studies, Joan Colom, Director of the Program on Substance Abuse - Public Health Agency of Catalonia, Spain

10:00 - 10:30 Panel and discussion  
Richard Wynne from Work Research Centre (IE) as discussant

10:30-11:00 Coffee break

11:00 - 11:45 **Session 5: Exchange of evidence-based and good practices for Health Promotion and Primary Prevention of Chronic Diseases**  
**Chair:** Antonio Sarria Santamera, INSTITUTE OF HEALTH CARLOS III, Coordinator of the Joint Action Implementing good practices for chronic diseases - CHRODISPLUS-JA) , Spain

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	<p>11:00 -11:15 Good Practice in Health Promotion and Primary Prevention of Chronic Diseases in Europe, Luciana Costa from INSA (Joint Action addressing chronic diseases and promoting healthy ageing across the life cycle - CHRODIS-JA), Portugal</p> <p>11:15 -11:30 Developing Competencies and Professional Standards for Health Promotion Capacity Building in Europe, Barbara Battel-Kirk from, Health Promotion research centre, National University of Ireland, Galway</p> <p>11:30-11:45 Work place diabetes prevention intervention(s), Jaana Lindström from Chronic Disease Prevention Unit, Department of Health Solutions, National Institute for Health and Welfare (THL), Finland</p>
11:45 - 12:15	<p>Panel discussion Richard Wynne from Work Research Centre (IE) as discussant</p>
12:15-13:00	Lunch at the Gulbenkian conference venue
<b>13:00 - 14:00</b>	<p><b>Session 6: Exchange of evidence-based and good practices for Health Prevention of Communicable Diseases</b> Chair: Dr.med Martin Dirksen-Fischer, Hamburg Port Health Center, WP leader Joint Action SHIPSAN ACT on the impact on maritime transport of health threats due to biological, chemical and radiological agents, including communicable diseases</p>
	<p>13:00 -13:15 Occupational health and hygiene in maritime transport, use of the Occupational risk assessment tool (OiRA), Dr.med Martin Dirksen-Fischer, Hamburg Port Health Center, Germany and Brigita Kairienė, Public Health Service in Klaipėda, Lithuania , by SHIPSAN ACT Joint Action</p> <p>13:15 -13:30 HProImmune: Promoting Immunizations for Health Professionals in Europe , Agoritsa Baka, MD, Hellenic Centre for Disease and Prevention , Institute of Preventive Medicine, Environmental and Occupational Health "Prolepsis" , Greece</p>
13:30 - 14:00	<p>Panel and discussion Richard Wynne from Work Research Centre (IE) as discussant</p>
14:00-15:00	<p><b>Plenary 2: Lessons learnt and priority issues for the EU and national level</b> Chair: Miguel Telo de Arriaga, DGS</p> <ul style="list-style-type: none"> <li>• <b>14:00 -14:30 EU policy context on Occupational Safety and Health and its main developments</b>, Jesús Alvarez Hidalgo, Policy Officer, DG Employment, Social Affairs and Inclusion, Unit B/3/Health, Safety and Hygiene at Work (DG EMPL)</li> <li>• <b>14:30 -15:00 Implementing good practices for chronic diseases Joint Action - CHRODISPLUS-JA</b>, Antonio Sarria Santamera, INSTITUTE OF HEALTH CARLOS III, Spain</li> </ul>

**15:00- 15:30** **Lessons learnt and priority issues for the EU and national level,  
Round table discussion with chairs and experts from the different sessions**  
Moderator : Richard Wynne from Work Research Centre, Galway

**15:30 - 16:00** **Closing of the conference**

- Jesús Alvarez Hidalgo, DG EMPL
- Katalin Sas, OSHA
- Cinthia Menel Lemos, Chafea
- Francisco George, Director General of Health